

There are many people in your life, please use this form to keep track of them all.

Who Should I call?

A Quick Reference Guide

Your Care Manager should be your primary contact point for any questions about the below information:

My Care Manager's name is: _____

Their Phone Number is: _____

In the event of an emergency, my emergency contact is:

Name: _____

Phone Number: _____

Mobile Crisis Emergency Contact:

Name: _____

Phone Number: _____

School Contacts:

- 1) **Special Education services & Developmental concerns** – Contact Child’s Special Education teacher or the Committee on Special Education (CSE) Chairperson

Name: _____

Phone: _____

- 2) **School social environment** – Contact School Counselor/Principal

Name: _____

Phone: _____

- 3) **Health and injury** – Contact School Nurse

Name: _____

Phone: _____

- 4) **Disciplinary concerns** – Contact Principal/School Counselor

Name: _____

Phone: _____

- 5) **School Lunches** – Contact Director of Food Service

Name: _____

Phone: _____

Pediatrician’s Office:

Your Pediatrician’s office can assist your child with:

- 1) Basic health care and concerns
- 2) Child development in all areas
- 3) Child behavior concerns
- 4) Nutrition
- 5) Mental health

Name of Doctor: _____

Name of nurse: _____

Phone: _____

Office for People with Developmental Disabilities:

Name: _____

Phone: _____

Family Support Services:

Name: _____

Phone: _____

Department of Social Services (DSS):

Case Manager Name: _____

Case Manager Phone: _____

- 1) **Child care assistance**

Name: _____

Phone: _____

- 2) **Parent education for all age children**

Name: _____

Phone: _____

- 3) **Homemaker and parent aid services**

Name: _____

Phone: _____

- 4) **Respite care for crisis situations**

Name: _____

Phone: _____

- 5) **Person in Need of Supervision (PINS) Diversion program**

Name: _____

Phone: _____

- 6) **Benefits (Supplemental Nutrition Assistance Program - SNAP, Insurance, etc.)**

Name: _____

Phone: _____

Community Mental Health Counselor and/or Psychiatrist:

Your Community Mental Health Counselor can assist you with the following:

- 1) Safety
- 2) Behavior concerns
- 3) Social development
- 4) Mental health
- 5) Family Concerns

Name of Counselor: _____

Phone: _____

Dentist: _____

Name: _____

Phone: _____

Other Agency: _____

Name: _____

Phone: _____